


Monday		Tuesday		Wednesday		Thursday		Friday		Saturday / Sunday	Announcements	
		1	830 am Forever young	2	8:15 am Zumba	3	830am Dance Party	4			AUGUST 2023 Waretown Older Adult Calendar of Activities	
			930am Jazzercise		9am Toning		9:30am Jazzercise				Waretown Community Café - Congregate Meal Schedule	
			12 BINGO & Pizza w Seaview Ortho		11am Sit n Be Fit		9:30am FOREVER YOUNG	1230pm LINE DANCING			Engel Sprague Senior Center - 239 11th St Waretown (GPS Barnegat)	
			12 Lunch provided by Fulfill		12 Cards in front room						Contact person: Jeanne Broadbent 609-548-6319	
			12pm MahJong								email recreation@twpoceannj.gov	
			10am Must let Jeanne know if you want a meal tomorrow		12pm Congregate Meal						Website: www.twpoceannj.gov  Funded in part by a grant from the Ocean County Board of Commissioners	
					1230 G.C. BINGO w/ HelpAlert			RSVP by 10am for MONDAYS				
								Congregate meal				
7	8:15 am Zumba	8	830 am Forever young	9	8:15 am Zumba	10	830am Dance Party	11			Congregate Meals served every Monday & Wednesday	
	9AM Toning		930am Jazzercise		9am Toning		9:30am Jazzercise				Please arrive by 11:45pm	
	11am Sit n Be Fit in Front Room		12 BINGO & Pizza w Complete Care		11am Sit n Be Fit		9:30am FOREVER YOUNG	1230pm LINE DANCING			You must RSVP your intent to attend by 10am the day before	
	12 pm Congregate Meal		12 Lunch provided by Fulfill		12 Cards in front room						FRIDAY for Monday / TUESDAY for Wednesday	
	12 Nutritionist Jennifer Collins		12pm MahJong		12pm Congregate Meal						12pm Congregate Meals - Don't forget to RSVP by 10am on Friday's to attend meals on Monday's - no same day drop ins accepted	
	1 DOMINOES / GAMES		10am Must let Jeanne know if you want a meal tomorrow		\$2donation requested			THERESA BROWN OFF SEPT 11	AUG 14-		\$2 Donation suggested.	
	\$2donation requested				1230 G.C. BINGO HEALTH VILLAGE IMAGING/Briell Ortho			RSVP by 10am for MONDAYS			RSVP by Email recreation@twpoceannj.gov call Jeanne 609-548-6319	
	10am Must let Jeanne know if you want a meal tomorrow							Congregate meal				
14	NO Zumba	15	NO Forever Young	16	NO Zumba	17	NO Dance Party	18			Fulfill of Monmouth Ocean Boxed Lunches served at 12pm	
	NO Toning		930am Jazzercise		NO Toning		NO FOREVER YOUNG				You must RSVP your intent to attend by 10am on Monday	
			11am Sit n Be Fit		11am Sit n Be Fit		9:30am Jazzercise				NO same day meal drop ins accepted	
			12pm MahJong		12 Cards in front room						RSVP by Email recreation@twpoceannj.gov or call Jeanne 609-548-6319	
	12 pm Congregate Meal				12pm Congregate Meal							
	1230 GC BINGO with Beacon of Life		12 Lunch provided by Fulfill		1230 G.C. BINGO SEACREST			RSVP by 10am for MONDAYS				
	1 DOMINOES / GAMES		12pm Pizza & BINGO w/ Barnegat Rehab					Congregate meal			3rd Monday of each month Fulfill brings its' FOOD PANTRY to the center 12-1pm	
	10am Must let Jeanne know if you want a meal tomorrow		10am Must let Jeanne know if you want a meal tomorrow								MOBILE	
	NO LINE DANCING											
21	NO Zumba / NO Toning	22	NO Forever Young	23	NO Zumba	24	NO Dance Party	25			AUGUST SPEAKER'S	
	11am Sit n Be Fit in Front Room		930am Jazzercise		NO Toning		NO FOREVER YOUNG				1st Monday of each Month - Jennifer Collins, Nutritionist (MOW) 1230pm	
	FULFILL - MOBILE FOOD PANTRY 12-1PM		11am Sit n Be Fit		11am Sit n Be Fit		9:30am FOREVER YOUNG					
	12 pm Congregate Meal		12pm Lunch provided by Fulfill		12 Cards in front room						2nd Mon - Beacon of Life - PACE	
	1230 DOMINOES / GAMES		12pm GC BINGO & LUNCH w/ TALLWOODS		12pm Congregate Meal w games						2nd - Wed Brielle Ortho	
	\$2donation requested		12pm MahJong		1230 GC BINGO with Executive Care						3rd - Wed Seacrest Village	
	10am Must let Jeanne know if you want a meal tomorrow		10am Must let Jeanne know if you want a meal tomorrow		\$2donation requested						4th Wed - Executive Care	
	NO LINE DANCING											
28	NO Zumba	29	NO Forever Young	30	NO Zumba	31	NO Dance Party					
	NO Toning		930am Jazzercise		NO Toning		NO FOREVER YOUNG					
	11am Sit n Be Fit in Front Room		11am Sit n Be Fit		11am Sit n Be Fit						ATTENTION:	
	12 pm Congregate Meal		12pm Lunch provided by Fulfill		12 Cards in front room			TOWNSHIP OF OCEAN MUNICIPAL ALLIANCE			THERESA BROWN WILL BE OFF AUG 14-SEPT 11	
					12pm Congregate Meal w games			 if doesn't get more local			NO Zumba, Toning, Dance Party , Forever Young	
	\$2donation requested		12pm MahJong					Altogether to Prevent Alcoholism and Drug Abuse creating healthy safe communities				
	10am Must let Jeanne know if you want a meal tomorrow		10am Must let Jeanne know if you want a meal tomorrow		1230 Games			Funded in part by a grant from OCEDA				
	1230 DOMINOES / GAMES											
			12pm GC BINGO & LUNCH w/ Beacon of Life									